

Home Indoor Riglet Park

Whether you're waiting for the season to start, the season just ended, or you're avoiding a global pandemic, we've got you covered! With our Riglet boards, accessories, and a bit of creativity, you can get the whole family building foundational skills from the comfort of your home. It won't replace the real thing, but it's a great way to stay connected to snowboarding and progress those standing sideways skills.



Safety Tip
 Young children should be supervised while being pulled/riding. Stay under control. Use sturdy items.

Equipment

There are tons of ways to get creative and practice snowboarding indoors. For this tutorial we are going to use a few specific products:



The **Riglet Snowboard** is a plastic 90cm snowboard with an edgeless construction that was designed as a learning tool for kids. The grippy pads on top of the Riglet Board help keep your little one on the board without bindings. One they're comfortable with that, you can add bindings for the full experience. The Riglet Boards comes pre-mounted with a Riglet Reel.



The **Riglet Reel** allows you to pull them around on any low friction surface, inside or out. It's a length-adjustable handle that can be attached to any Burton snowboard sized 80cm-120cm.



To protect your hardwood or tile floors, add on the **Hover Cover**, a soft sleeve made for easy gliding indoors. The Hover Cover can be used on the Riglet board, Chopper 90cm board, Chicklet 90cm board, and After School Special 90cm.



Pool Noodles



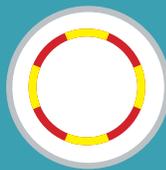
Pillows & Cushions



Cardboard Boxes



Portable Furniture



Hula Hoop



Balls or Beanbags



Pool Noodle or Foam Block & Board or stiff cardboard

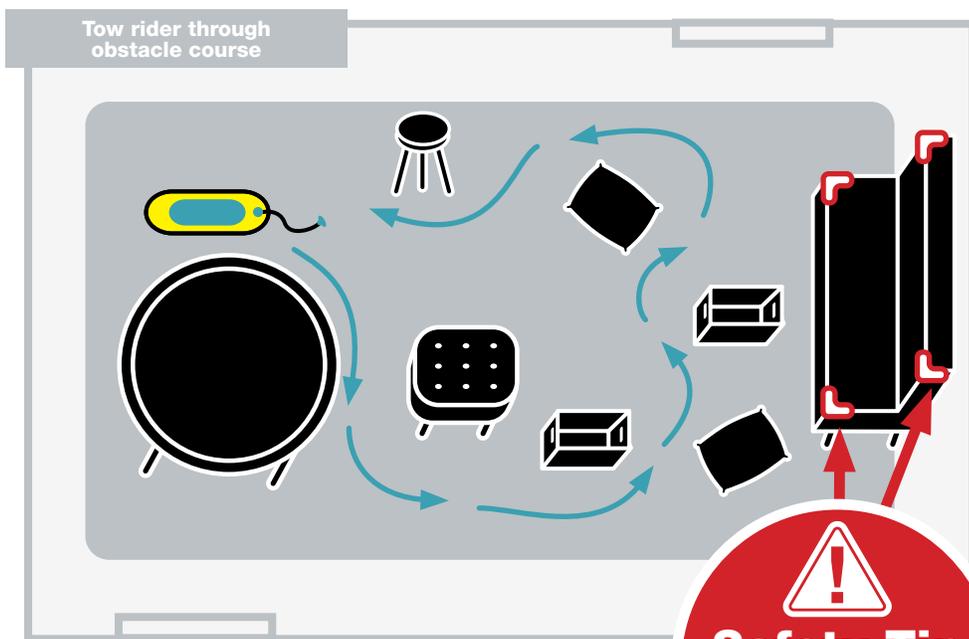
Other Materials

You can easily build a course full of fun features with a selection of everyday household objects.

Part of being a snowboarder is being creative. In order to keep things fresh and exciting, look through your basement or closet to see what you have that could be used as an obstacle or feature for kids to have even more fun!

Home Indoor Riglet Park: Basic Setup

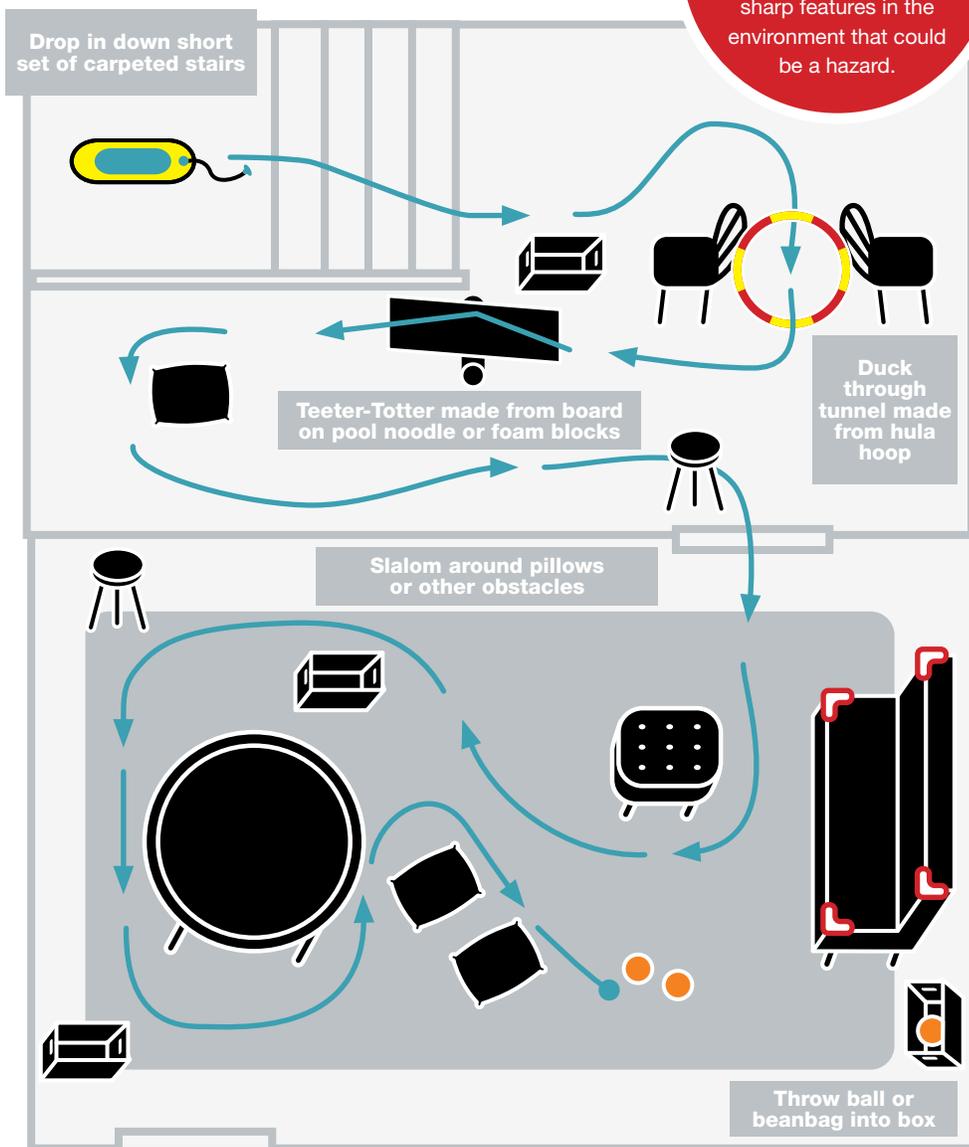
There is room for variety and creativity as you build your course, or better yet—let the kids build it! Here are some examples to help you create a simple course. First, grab anything you can place on the carpet that can act as an obstacle—chairs, cushions, toys. Then, grab the riglet reel and pull your child through the course.



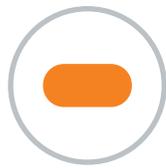
Safety Tip
Pad table corners or any sharp features in the environment that could be a hazard.

Home Indoor Riglet Park: Ultimate Setup

Take everything from the basic setup and get even more creative! Try leaning a hula hoop between two chairs to create a tunnel, or find items in your home to create a teeter-totter. For the teeter-totter, you could use a pool noodle or foam blocks as the base and a piece of flat wood or thick cardboard to create the top. For an added challenge, have kids practice holding a grab through the whole course.



Visit the **Burton Blog** to see our Riglet Ambassadors Sophie and Emma take a spin through their ultimate at-home Riglet snowboarding course.



Park Smart

The orange oval designates freestyle terrain. Familiarize yourself and your kids with the SMART system for riding freestyle features.

Start Small
Work your way up. Build your skills.

Make a Plan
Every feature. Every time.

Always Look
Before you drop.

Respect
The features and other users.

Take it Easy
Know your limits. Land on your feet.



Basic Skills



Snowboard Stance

The snowboard stance is the foundation of everything else in snowboarding. Developing a proper stance early on will help with muscle memory and will teach you the best possible starting position to aid in the learning of other snowboard movements.

A proper snowboard stance should begin with feet shoulder width apart. The ankles, knees and waist should be slightly bent, creating an athletic stance. A good way for a new rider to find their proper snowboard stance is to jump and then freeze. When you land, you should be in an athletic position and your correct snowboard stance.

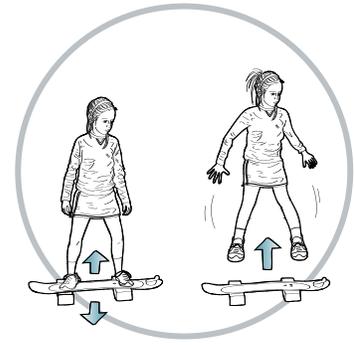


Pulling and Riding

The pulling movement is used to move the Riglet Board. The emphasis is on pulling slowly and under control without "jerking" the rider, using the cues: Ready-Set-Pull.

Step onto the board in your snowboard stance and look where you are being pulled. Use "Ready, Set, Pull" cues before to make sure the rider and puller are on the same page before "dropping in."

1. **READY** The Puller says "Ready."
2. **SET** The Rider says "Set."
3. **PULL!** Followed by the Rider giving a thumbs up while saying "Pull."



Riglet Board on Foam Blocks

Learn how to move and turn a snowboard!

Place Riglet Board across two foam blocks or pool noodles.

Put your weight on your heels to practice a heel-side turn.

Put your weight on your toes to practice a toe-side turn.

Practice twisting the board by pressing on your toes with one foot and your heel with the other.

Try jumping up and landing back down on the board.

Digital Learning

Download the **AASI Burton Riglet e-learning course**—free to everyone.



Watch **Burton Riglet How To PE Riglet Video with Kelly Clark**

Take it to the Hill



Whether you're shredding on grass, snow, or carpet, tag **#BurtonRiglet** in your social media posts to show us your family's progression. For more kid-specific snowboarding, at-home games, and beyond, follow along with **@Burton**. Now, go have as much fun as possible!



Stay tuned and follow along for tips on how to take your set up to the next level and build a backyard Riglet Park or sign up for a lesson at your local resort.

Scope all the new gear at Burton.com

Burton Tutorials



Jeff Boliba has been snowboarding for over 35 years. For 20 of those years, he's worked at Burton leading innovative global programs making snowboarding accessible and building participation. He's an accomplished multi-sport coach, a certified snowboard instructor and children's specialist. He helped develop the freestyle terrain symbol (orange oval), Park Smart terrain park safety program and is the lead for the Stash Park, Learn To Ride and Riglet snowboarding programs. To date he has hosted over 130 Riglet school sessions in 8 different Countries. Prior to Burton he was the Snowboard Operations and Marketing Manager at Park City Mountain Resort.